

# Russell's Traditionally-grown Vegetables

4/8/2009

Vegetable	Variety	Days to Maturity	Fruit Size	Resistance/ Type	Description
ARUGULA		35			Tender young leaves w/peppery flavor. Great in Spring salad mix.
BEANS	<i>Indy Gold*</i>	54	5"	<i>tolerates CBMV</i>	<i>Tasty, tender yellow pods. High yields. Widely adaptable.</i>
	<i>Kentucky Wonder*</i>	68	7-9"		<i>Popular since the mid-1800's! Very productive! Pick regularly.</i>
	Multicolor	60-72			A combination of pole beans coming in colors of green, yellow, purple & striped!
	Provider	50	5-5½"	[CBMV,NY 15, PM, DM]	Highest early yields even under adverse conditions. Beans have a great beany taste!
BEETS	<i>Bull's Blood*</i>	35-58			<i>Beautiful heirloom! Pick early for leaves, at 58 days for roots.</i>
BROCCOLI	<i>Packman*</i>	58		[F1]	<i>Dark green, largely beaded heads, with good head weight.</i>
BRUSSELS SPROUT	<i>Oliver*</i>	90		[F1]	Early, dependable, & easy to grow. Productive w/mild flavor.
CABBAGE	Ruby Perfection	85	3½ lb.	[F1]	Heads are sweet and slow to burst. The #1 mid-late red cabbage!
	Market Prize	76	4 lb.		Heads mature to best quality in cool weather, harvest when firm.
CELERY	Summertime	82	7" stalks		A compact 20" plant w/7" stalks.
COLLARD	<i>Georgia Vates*</i>	60-68	30-36"		<i>Popular, slow bolting collard w/blue-green, crumpled leaves.</i>
CORN	<i>Spring Treat*</i>	71			<i>Twice as sweet as other yellow corn w/high disease resistance.</i>
	<i>Burpless Supreme*</i>	55	11"	[F1]	<i>Very productive Japanese type w/smooth, dark green fruit.</i>
CUCUMBER	<i>Bush Crop*</i>	62	6-8"	[F1]	<i>Bush type habit yields regular sized fruit. Great for containers!</i>
	<i>Diva*</i>	58	4-5"	[s,DM,PM]	<i>An AAS winner! Seedless, tender, crisp &amp; bitter free slicing cucumber. Harvest small for a very flavorful taste.</i>
	<i>Mathilde*</i>	45-50	3-4"		<i>New! Great pickling cucumber for cooler climates.</i>
	Marketmore Select	68	8-10"	[s,cmv,PM,DM]	Improved strain producing smooth, slender, dark green fruit even under stress.
	<i>Northern Pickling*</i>	48	3-5"	[s]	<i>Especially bred as a luscious sandwich tomato. Excellent flavor &amp; outstanding performer!</i>
EGGPLANT	Black Beauty	80			A vigorous producer of large, glossy blackish- purple fruits. Can produce up to 12 eggplants! Very adaptable.
	Ghostbuster	80	6-7"		Vigorous plants yield white, oblong, slightly sweeter fruits than purple varieties. Turns yellowish when ripe. Excellent for grilling.
	Ichiban 2	61	7" x 1 1/4"		Prolific producer of shiny black-purple, Asian, cylindrical fruit.
KALE	Dwarf blue Scotch curled	55			Best in cool weather! Grow Spring & Fall. Tasty bluish-green leaves can be harvested multiple times. Great fresh or cooked.
LETTUCE	Bistro Salad Blend	30			Gourmet salad mix of exotic leaf shapes and colors of reds, greens and bronze.
	Black seeded Simpson	40-60		[dm,wm,tb]	A very adaptable heirloom w/sweet crumpled leaves & succulent inner leaves. Never bitter and slow to bolt.
	Buttercrunch	65	4½"		Very tender, sweet, crisp rosettes. Slow to bolt.
	Grt. Lakes Iceberg	90-100			Head cultivar w/large erect outer leaves.
	Mesclun Mix	35-45	1-1½ lb.		Great tasting gourmet blend of Arugula, Tat Soi, Endive, Radicchio & Kale.
	P. Island Romaine	65		[tb,lmv]	Vigorous & uniform with creamy white hearts.
	<i>Red Fire*</i>	51			<i>Tender, sweet, light red, ruffled leaves. Among the last to bolt!</i>
	Red Sails	45	10-16"		Outstanding loose leaf cultivar. Deep red bronze color. Slow to bolt!

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MELON	<i>Delicious*</i>	83	2½ lb.		<i>Sweet cantaloupe w/dark orange flesh. Good for cold climates.</i>
	<i>Superstar*</i>	86	6-8 lb.	[F1]	<i>Thick, salmon colored flesh. (tolerant to Fusarium Wilt 1&amp;2.)</i>
	Sugar Baby	80	8-10 lb.		An early, standard northern icebox watermelon. Dark green on the outside w/a deep red inside.
OKRA	<i>Cajun Delight*</i>	49	5" long	[F1]	<i>AAS winner! High yields of dark green pods. Excellent for making gumbos! Suitable for Northern regions too.</i>
PEA	<i>Sugarsnap*</i>	68			<i>One of the best raw treats in the garden! Pods grow on 5-7' vines &amp; reach superb sweetness when completely filled.</i>
	<i>Green arrow*</i>	68	4-4½"	Good disease resistance	<i>A favorite home variety! High yields of sweet, tender 9-11" pods.</i>
PAC CHOI	<i>Bonsai*</i>	40		[F1]	Baby sized Pac Choy. Great Asian green! Resists bolting.
PEPPER	Better Belle	65	4½" x 3½"	[F1&TMV]	Good tasting, early, four lobed, blocky peppers maintaining large fruit size & production all season.
	<i>Carmen*</i>	55-68	6x2½"	[F1]	<i>AAS winner! Tapered Italian bulls horn style, sweet pepper.</i>
	<i>California Wonder*</i>	75	4"x4"		<i>Excellent green to red sweet pepper. A popular old time variety.</i>
	Cayenne	70-75	6" X½"		Thin walled, hot peppers that turn dark green to bright red. Good for drying.
	Cubanelle	68	6" X 2½"		Semi-sweet fry type w/waxy yellow-green fruits turning to red when fully ripe.
	Golden Summer	65-70		[TMV]	High yields of mild & sweet blocky fruits turning a bright gold at maturity.
	Habanero	95	1" X 1½"		The <u>2nd</u> , hottest pepper available. Light green to orange.
	Jalapeno	75-80	3" long		Productive hot peppers picked green or red. Good fresh!
	<i>Mariachi*</i>	66	4"x2"	[F1]	<i>AAS winner! Early, high yielding, mild Sante Fe Grande type.</i>
	Red Beauty	68	4" x 3½"	[F1&TMV]	High yields of early, thick walled, four lobed peppers. Very sweet, red fruits.
	Super Chili	75	2½" x 1½"	[F1]	Productive, semi-compact plants w/spicy cone-shaped chili peppers. Great for ornamental use.
	Thai Dragon	50-70	2½"	[F1]	Heavy yields of very hot, small, slender, pointy peppers. Thin flesh, great for Asian cooking! Harvest @ 50 days green/70 days red.
Mandarin Hybrid	75	5-6"	[TMV]	Unique sweet tasting deep pumpkin-orange fruits. Great addition to any salad! To increase production & size, pinch off ½" of the flowers.	
PUMPKIN	Jack Be Little	95	3-4" across		Tiny, orange pumpkins. Good for cooking.
	Howden	115	20-30 lb.		Good yields of medium-large, standard deep-orange pumpkins w/good handles.
SQUASH	<i>Early Acorn*</i>	75	5½"	[F1]	<i>Very tasty green acorn variety growing on bush type plants.</i>
	Early Butternut	85	10"-12"	[F1]	Smooth, gold, fruit grows on semi-bushy, compact plants.
	<i>Flying Saucer*</i>	50	4"	[F1]	<i>Prolific, flat, yellow, star-shaped fruit w/a variegated center. Harvest from baby to mature stages.</i>
	Multipik	50	7½-8"	[F1]	An early, prolific golden-yellow summer squash w/long harvest period.
	Vegetable Spaghetti	100		[F1]	Yellow, mid-size, oblong squash changing to pale yellow at maturity. Harvest late summer & fall. A nutritious alternative to pasta!